

# No Way Net Magazine



[www.nowaynetmagazine.com](http://www.nowaynetmagazine.com)

# No Way Net Magazine



On the Cover

June 2009

**GREAT FIGHTERS**

**Karate Man  
Joe Lewis**

**Boxer  
Joe Louis**



## A Note from the Editor

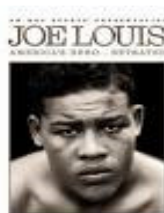
**No Way Net Magazine** exists to be a guide to some of the best martial arts content on the web. We only try to showcase things we believe in, and intend to display content that enhances the cause of physical, mental and spiritual training. However, because a website or its subject matter appears here, it doesn't mean we sponsor or endorse it. Whatever you use is at your own risk. We find the best approach is to be careful, cautious and suspicious.

## We decided to do the recreation thing again

Why? We promised that we'd make reproductions of a few of our back issues in the new PDF format in contrast to the EXE versions we used to do. Except.... There's just not enough time, so we decided to make new versions of our old versions. The new editions will have all the latest stuff going on in the martial arts world and we'll just use the old idea to make the new again. You have no idea how many people wrote to me to re-make the Joe Lewis/Louis edition again, so it's only right that this is the first recreation we'll do. **NOW GET OFF MY BACK!!!!** Just Kidding, hope you all enjoy this classic edition of **NO WAY NET MAGAZINE**, the webs best martial arts magazine.

[jsimmonseditor@lancientwon.com](mailto:jsimmonseditor@lancientwon.com)

**1 ANCIENT WON ENTERTAINMENT**



This issue we bring you....

**THE JOE LEWIS //**  
**JOE LOUIS EDITION**

## About Our Name

It's my philosophy on the Martial Arts and life in general, taken from my favorite philosopher.

"Use no way as way, having no limitation as limitation"- Bruce Lee

J Simmons

[jsimmonseditor@nowaynetmagazine.com](mailto:jsimmonseditor@nowaynetmagazine.com)



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# Bulletin Board

Visit the Martial Arts  
Community at  
[www.kickgen.com](http://www.kickgen.com)

## US Open World Martial Arts Championship at

[http://www.lancientwon.com/no\\_way\\_net\\_magazine/Bulletin\\_Board/2009/BBandNews/US\\_Open\\_World\\_Martial\\_Arts\\_Championship.html](http://www.lancientwon.com/no_way_net_magazine/Bulletin_Board/2009/BBandNews/US_Open_World_Martial_Arts_Championship.html)

## ALL-STAR SPECIALLY CHALLENGED MARTIALARTS CHAMPIONSHIPS & BANQUET

<http://www.aataekwondo.org/pdfapps/Special%20Needs%20Martial%20Arts%20Tournament%20Packet-%20A.pdf>

## 3<sup>rd</sup> Annual North East Open

<http://www.northeastopen.com/home.htm>

## The US Capital Classic

<http://www.uscapitolclassics.com/>

## Legends of Kung Fu Martial Arts Challenge

<http://www.legendsofkungfu.com/>

## The Sport Martial Arts Training Camp

<http://www.proranksports.com/>

## Mid Atlantic Four Seasons Martial Arts Games

<http://kickgen.com/events/46-mid-atlantic-four-seasons-martial-arts-games.html>

## 15th Annual Whirlwind Classic

<http://kickgen.com/events/125-15th-annual-whirlwind-classic.html>

## Loop Kicks Camp

<http://www.teamloopkicks.com/>

## Battle of the Queen City

<http://kickgen.com/events/47-battle-of-the-queen-city.html>

## IKF Amateur Kickboxing Championship Tournament

<http://www.ikfkickboxing.com/ACTournaments.htm>

## U.S. International Kuo Shu Championship Tournament

<http://www.usksf.org/>

## Project-Soul Main Event

<http://www.project-soul.org/Project%20Soul%20Main%20Event.html>

## Defensive Tactics Instructor Certification

<http://www.forceoptionsusa.com/node/199>

## United States Martial Arts Hall of Fame & National Training Camp

<http://www.unitedstatesmartialartshalloffame.com/>

## IMAC National Kid's Camp

<http://imacusa.com/ntc2009.html>

The Number 1  
Superguy's  
Favorite Online  
Martial Arts  
E-Magazine



[http://en.wikipedia.org/wiki/Hong\\_Kong\\_Phoey](http://en.wikipedia.org/wiki/Hong_Kong_Phoey)



Link: [www.seaofchi.com](http://www.seaofchi.com)

## A man with dark, wavy hair is smiling and posing outdoors. He is wearing a short-sleeved button-down shirt with a bold American flag pattern (stars and stripes). He has his hands on his hips. The background is a blurred natural setting with greenery.

[http://www.aikia.net/Karate\\_College.html](http://www.aikia.net/Karate_College.html)

## A black and white photograph of a muscular man, likely a boxer, flexing his biceps. He is wearing dark boxing gloves and has a determined expression. The background is plain and light-colored.

<http://www.cmgww.com/sports/louis>



[http://www.lancientwon.com/media/noway\\_theatre/July\\_09/Howard\\_Jackson\\_BLITZ.html](http://www.lancientwon.com/media/noway_theatre/July_09/Howard_Jackson_BLITZ.html)

# The Joe Lewis/Louis Edition

**Karate Champion Joe Lewis at [http://www.fightingmaster.com/legends/lewis/joe\\_lewis.htm](http://www.fightingmaster.com/legends/lewis/joe_lewis.htm)**

**Joe Lewis Wikipedia Info** at [http://en.wikipedia.org/wiki/Joe\\_Lewis\\_\(martial\\_arts\)](http://en.wikipedia.org/wiki/Joe_Lewis_(martial_arts))

Joe Lewis visits Academy Jkd <http://academyjkd.com/JoeLewis.htm>

Joe Lewis at <http://www.sidekickmma.com/joelewis.htm>

**Joe Lewis - The "Legend" at [http://www.goshinkarate.com/Joe\\_Lewis.html](http://www.goshinkarate.com/Joe_Lewis.html)**

## Joe Lewis Karate Systems "Footwork:

<http://www.martialdirect.com/reviews/videos/lewisfootwork/lewisfootwork.php>

**WHERE IS HE NOW?** At <http://www.ikfkickboxing.com/JoeLewis.htm>

**Wisdom Way Martial Arts at <http://www.wisdomway.net/aboutus/joelewis.html>**

**Physical Stratagies at <http://physicalstrategies.blogspot.com/2026/12/joe-lewis.html>**

**Notes from Joe Lewis Seminar** <http://www.network54.com/Forum/226523/thread/1212169732/Joe+Lewis+Seminar>

**Here's another at [http://www.grandmasterbyrne.com/pages/events/2007\\_JoeLewis.html](http://www.grandmasterbyrne.com/pages/events/2007_JoeLewis.html)**

**More bio info at** <http://www.completemartialarts.com/whoswho/halloffame/jcalewis.htm>

Joe's mmfightspace page at <http://www.mmfightspace.com/JoeLewis>

Joe Lewis karate/Boxing at

<http://selfprotection.lighobb.com/self-protection-practical-martial-arts-fl/joe-lewis-karate-boxing-t5694.htm>

**Wikipedia Info** at [http://en.wikipedia.org/wiki/Joe\\_Louis](http://en.wikipedia.org/wiki/Joe_Louis)

**Brown Bomber' was a hero to all at**

<http://espn.go.com/sportscenury/features/00016109.html>

**PeopleQuiz - Take a Biography Trivia Quiz at**

<http://www.peoplequiz.com/showbioquiz-78.html>

**Joe Louis Barrow** at <http://www.cyberboxingzone.com/boxing/jlouis.htm>

**People and Events at** [http://www.pbs.org/vgbh/amex/fight/peopleevents/p\\_louis.html](http://www.pbs.org/vgbh/amex/fight/peopleevents/p_louis.html)

**The Joe Louis Arena at [http://en.wikipedia.org/wiki/Joe\\_Louis\\_Arena](http://en.wikipedia.org/wiki/Joe_Louis_Arena)**

**Joe Louis Memorial at [http://www.robertgraham-artist.com/civic\\_monuments/joe\\_louis.html](http://www.robertgraham-artist.com/civic_monuments/joe_louis.html)**

**Joe Louis America's Hero- BETRAYED - HBO Special**



## Words from the Masters

### HONORING OUR UNKNOWN SOLDIERS:

From Grand Master Joe Corley

[www.joecorley.com/](http://www.joecorley.com/)



- 1. How many steps does the guard take during his walk across the tomb of the Unknowns and why?**  
21 steps. It alludes to the twenty-one gun salute, which is the highest honor given any military or foreign dignitary.
- 2. How long does he hesitate after his about face to begin his return walk and why?**  
21 seconds for the same reason as answer number 1
- 3. Why are his gloves wet?** - His gloves are moistened to prevent his losing his grip on the rifle.
- 4. Does he carry his rifle on the same shoulder all the time and if not, why not?**  
He carries the rifle on the shoulder away from the tomb. After his march across the path he executes an about face and moves the rifle to the outside shoulder.
- 5. How often are the guards changed?** - Guards are changed every thirty minutes, twenty-four hours a day, 365 days a year.
- 6. What are the physical traits of the guard limited to?** -For a person to apply for guard duty at the tomb, he must be between 5' 10' and 6' 2' tall and his waist size cannot exceed 30.' Other requirements of the Guard: They must commit 2 years of life to guard the tomb, live in a barracks under the tomb, and cannot drink any alcohol on or off duty for the rest of their lives . They cannot swear in public for the rest of their lives and cannot disgrace the uniform {fighting} or the tomb in any way. After two years, the guard is given a wreath pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn. The guard must obey these rules for the rest of their lives or give up the wreath pin.

The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt. There are no wrinkles, folds or lint on the uniform. Guards dress for duty in front of a full-length mirror. The first six months of duty a guard cannot talk to anyone, nor watch TV. All off duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred. Among the notables are: President Taft, Joe E. Lewis {the boxer} and Medal of Honor winner Audie Murphy, {the most decorated soldier of WWII} of Hollywood fame. Every guard spends five hours a day getting his uniforms ready for guard duty.

ETERNAL REST GRANT THEM O LORD, AND LET PERPETUAL LIGHT SHINE UPON THEM.

In 2003 as Hurricane Isabelle was approaching Washington , DC , our US Senate/House took 2 days off with anticipation of the storm. On the ABC evening news, it was reported that because of the dangers from the hurricane, the military members assigned the duty of guarding the Tomb of the Unknown Soldier were given permission to suspend the assignment. They respectfully declined the offer, 'No way, Sir!' Soaked to the skin, marching in the pelting rain of a tropical storm, they said that guarding the Tomb was not just an assignment, it was the highest honor that can be afforded to a serviceperson. The tomb has been patrolled continuously, 24/7, since 1930.

GOD BLESS AND KEEP THEM.

**HAPPY 4th of July to ALL Our Martial Arts Warriors:**



### Enter the Dragon

Did not make the top 5 martial arts films of all time according to a writer at lizardmaster.com

See who they picked

<http://www.lizardmaster.com/displayone.cfm?docID=3524>

LINK



### Check out the Hwang Jang Lee Tribute

[http://www.lancientweb.com/Media/Martial\\_Arts\\_Videos/Hwang\\_Jang\\_Lee\\_showcase.html](http://www.lancientweb.com/Media/Martial_Arts_Videos/Hwang_Jang_Lee_showcase.html)

LINK

Click the link  
to see a great video.

### Do you want to be a fight promoter?

Here are a few good places to look

<http://ballardboxing.tripod.com/id44.html>

<http://www.fightpromoteruniversity.com/>

[http://www.ehow.com/how\\_4489553\\_become-fight-promoter.html](http://www.ehow.com/how_4489553_become-fight-promoter.html)

<http://beafightpromoter.com/>





## GUIDE TO THE JULIAN BLACK SCRAPBOOKS OF JOE LOUIS, 1935-1944, #2

### Biography

Joe Louis Barrow, the seventh child of Monroe and Lily Barrow, was born May 13, 1914 in a cabin in the cotton fields of Lexington, Alabama. While Joe was still a young boy, his father suffered a mental breakdown and later died in the Searcy State Hospital near mobile, Alabama. His mother later married Pat Brooks, a widower with many children of his own, and the combined family moved to Detroit when Joe was ten.

After an introduction to boxing and lessons by his friend Thurston McKinney, Joe tried his luck at competition. The Brewster East Side Gymnasium became a second home for him. At sixteen .....

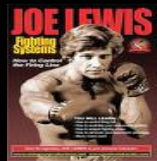
Read the rest of the article at:

<http://americanhistory.si.edu/archives/d9002c.htm>

This is from a brilliant interview at [mikemiles.com](http://mikemiles.com)  
Click the link at the bottom to read the rest

### Joe Lewis

From 'The Explosive Joe Lewis' – 1998



In the late 1960s, while growing up in Canada and training in the Martial Arts, I had the opportunity to read all about the big name competitors from the 'Blood and Guts Era' of the American Martial Arts scene. This was years before the Bruce Lee boom of the early 1970s. Included were many people whom I considered to be my heroes that someday I hoped I would meet. In fact, this came true and I have been fortunate enough to befriend many of the individuals listed. People like Bill 'Superfoot' Wallace, Benny 'The Jet' Urquidez, Al Dacascos, Chuck Norris, Jim Harrison and the biggest name of the period, Joe Lewis.

Stories about Joe Lewis abounded for years. Content varied depending to whom one was listening. Stories would vary from friends and associates that respected and felt kinship to Joe Lewis to those who were outright jealous of his ability and.....

Read the rest at:

[http://www.mikemiles.com/index.php?p=interviews&i=joe\\_lewis](http://www.mikemiles.com/index.php?p=interviews&i=joe_lewis)

## World Martial Arts Magazine Featured Writers Launch Martial Arts Entertainment Magazine

Danny & Theresa Zaino of Jupiter,  
Florida recently launched



### "Martial Arts Entertainment Magazine".

They will be focusing on the  
entertainment side of martial arts  
and how to train for performances.

The premier issue of the "Martial  
Arts Entertainment Magazine"  
features World Martial Arts  
Magazine editor, Richard  
Hackworth, on the cover as a  
featured story. For more  
information visit

[www.martialartsentertainmentmagazine.com](http://www.martialartsentertainmentmagazine.com)

### Mike Tyson's Greatest Quotes



[http://www.fantientwon.com/Entertainment\\_Articles/Mike\\_Tyson's\\_Greatest\\_Quotes.html](http://www.fantientwon.com/Entertainment_Articles/Mike_Tyson's_Greatest_Quotes.html)

LINK



## How Quickly Can You Build Muscle?

Written by Chris Bhurrit of <http://www.healthynewage.com/>

"From Geek to Freak: How I Gained 34 lbs. of Muscle in 4 Weeks", "Pack on 40lbs in 12 weeks", "Build 10lbs of muscle in Just 10 days"... these are just a few of the claims I've seen made by various bodybuilding products and websites. But just how quickly can the average Joe expect to pack on muscle?

**First, a Little Lesson - Don't Believe Everything You See (Hear, Read)**

In 2007 Tim Ferriss returned to America from tango training in Argentina weighing 146lbs. This is when the [Tim Ferris bodybuilding muscle](http://www.healthynewage.com/blog/bull-strong/) experiment kicked into action. Just 28 days later, he had gained 34 lbs of muscle while losing 3 lbs of fat. Yet, his incredible muscle gains were apparently achieved working out only twice a week for 30 minute each time. He states he accomplished this feat by following 6 basic philosophies:

1. Tim followed a high intensity workout program where only one set of each exercise is performed, but it is performed to muscular failure. This means nothing is held back when executing each exercise. The program he based his workout on was established by Arthur Jones and called the Colorado Experiment.
2. Controlled steady repetitions are completed to a count of 5 seconds up and 5 seconds down. Each movement is precise to ensure an even load on the muscle being used.
3. Sessions are only 30 minute long and completed twice a week. He worked out.....

Read the rest of the article at [edsgym.com](http://www.edsgym.com/muscle-quickly.html)  
<http://www.edsgym.com/muscle-quickly.html>



### Grandmaster Yip Man Video Profile

[http://www.1ancientwon.com/media/noway\\_theatre/Mar\\_09/Grandmaster\\_Yip\\_Man.html](http://www.1ancientwon.com/media/noway_theatre/Mar_09/Grandmaster_Yip_Man.html)

**LINK**



## 5 Inspirational Quotes of the Month

**1- Failure will never overtake me if my determination to succeed is strong enough.** - Og Mandino, 1923-1996, American Motivational Author and Speaker

**2- You've got to do your own growing, no matter how tall your grandfather was.** - Irish Proverb

**3- The legacy of heroes is the memory of a great name and the inheritance of a great example.** - Benjamin Disraeli, 1804-1881, British Statesman and Literary Figure

**4- Take time to deliberate; but when the time for action arrives, stop thinking and go in.** - Andrew Jackson, 1767-1845, 7th President of the United States

**5- Words of comfort, skillfully administered, are the oldest therapy known to man.** - Louis Nizer, 1902-1994, British-born American Lawyer

**See more at**  
<http://www.selfgrowth.com/quote.html>

A Ground and Pound Renowned



from UFC 5

[http://www.1ancientwon.com/media/Martial\\_Arts\\_Videos/the\\_incredible\\_afroinjia.html](http://www.1ancientwon.com/media/Martial_Arts_Videos/the_incredible_afroinjia.html)

**LINK**



## Steve Nasty Anderson vs. Ibby Abdalla



[http://www.lancientwon.com/media/nway\\_theatre/July\\_09/Steve\\_Nasty\\_Anderson\\_vs\\_Ibby\\_Abdalla.html](http://www.lancientwon.com/media/nway_theatre/July_09/Steve_Nasty_Anderson_vs_Ibby_Abdalla.html)

**LINK**

## No Way Net Mag's Product and Film Reviews

### Merantau

Posted on Saturday, May 2nd, 2009 by  
Peter Sciretta At [www.slashfilm.com](http://www.slashfilm.com)



I wasn't planning on doing any work over the weekend, but then I received an email from our friends at [Twitch](http://www.twitchfilm.net)

<http://www.twitchfilm.net/site/view/nearly-three-minutes-of-extreme-ass-whupperry-the-trailer-for-merantau-arriv/>

telling us to check out the official trailer for *Merantau*, the first Indonesian martial arts film to be produced in almost a quarter of a century. Todd Brown thinks this film "has a fighting chance of being the next Ong Bak", and after watching the trailer, I have to agree. If you're a fan of kick ass martial arts movie, watch the trailer now, embedded after the jump. The action doesn't get started until about half way in, but the wait is worth it.

Official Plot Synopsis: "In Minangkabau, West Sumatera, Yuda a skilled practitioner of Silat Harimau is in the final preparations to begin his "Merantau" a century's old rites-of-passage to be carried out by the community's young men that will see him leave the comforts of his idyllic farming village and make a name for himself in the bustling city of [Jakarta](http://www.lancientwon.com). After a series of setbacks leave Yuda homeless and uncertain about his new future, a chance encounter results in him defending the orphaned Astri from becoming the latest victim of a European human trafficking ring led by.....

Read the rest and view the trailer at:

<http://www.slashfilm.com/2009/05/02/must-watch-movie-trailer-for-the-indonesian-martial-arts-film-merantau/>

**LINK**

If you'd like us to review your book, film, DVD or other Martial Arts Product

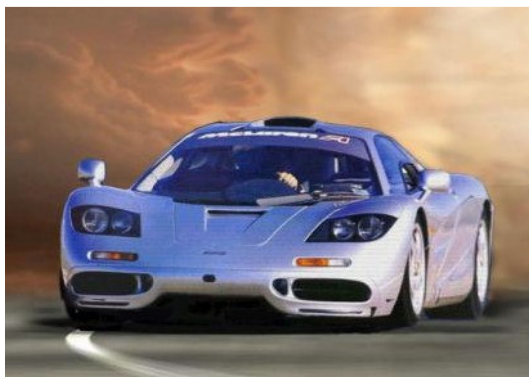
Send us an e-mail at

[nowaymagstaff@nowaynetmagazine.com](mailto:nowaymagstaff@nowaynetmagazine.com)

## Lueng Kar Yan Video Showcase



[http://www.lancientwon.com/no\\_way\\_net\\_magazine/Martial\\_Artist\\_Info/Lueng\\_Kar\\_Yan.html](http://www.lancientwon.com/no_way_net_magazine/Martial_Artist_Info/Lueng_Kar_Yan.html)



## No Way Net Mag's Road Trips

Check out what happens when we take it to the road

[http://www.lancientwon.com/no\\_way\\_net\\_magazine/No\\_Way\\_Net\\_Mag\\_Road\\_Trips/road\\_trip\\_home.html](http://www.lancientwon.com/no_way_net_magazine/No_Way_Net_Mag_Road_Trips/road_trip_home.html)

**Link**



*Bringing you the best in Bollywood*

[www.loveonfirebmagazine.com](http://www.loveonfirebmagazine.com)

Clyde Barrow Wanted Poster, 1933

## Personal Protection Tips



### If You Are Attacked

- Use common sense. Try to talk your way out of it.
- Try to negotiate.
- Stall for time.
- Be verbally assertive.
- Distract or divert the assailant, then flee. Run toward an open business or a group of people. Hide if you get the opportunity.
- Scream loudly, and keep it up to attract attention and help from people near by.
- If the attacker threatens you with a deadly weapon, and you come out of it alive, you took the proper course of action. During an armed attack, you must decide the proper course of action. There is no hard and fast rule as to self defense. You must consider your physical capabilities, your location, and your perceived chances of success. If you cannot escape, bide your time and look for another opportunity, a half-hearted attempt could be worse than no attempt at all.
- Notify the police immediately, when you get the opportunity, and if there are witnesses, ask them to stay until police arrive.
- It is not advisable to carry guns, clubs, knives, or chemical sprays. It is illegal to carry some of these weapons, and they could be used against you. It is advisable not to carry weapons.
- And finally, if a crime occurs, report it. When you report a crime and all the facts about it, it helps the police to assign officers in the places where crimes are occurring or where they are most likely to occur. If you don't report a crime, this allows the criminal to operate without interference. Tell the police what you know. No fact is too trivial.

For more tips

<http://www.sandiego.gov/police/prevention/personal.shtml#In.....>

## Online Protection Tips



### How Can I Avoid Spam Scams?

The FTC suggests that you treat commercial email solicitations the same way you would treat an unsolicited telemarketing sales call. Don't believe promises from strangers. Greet money making opportunities that arrive at your in box with skepticism. Most of the time, these are old fashioned scams delivered via the newest technology.

Here are some of the most common scam offers likely to arrive by email:

- **Chain letters.** Chain letters that involve money or valuable items and promise big returns are illegal. If you start one or send one on, you are breaking the law. Chances are you will receive little or no money back on your "investment." Despite the claims, a chain letter will never make you rich. For more information on chain emails, check out [www.ftc.gov/bcp/edu/pubs/consumer/alerts/alt075.shtm](http://www.ftc.gov/bcp/edu/pubs/consumer/alerts/alt075.shtm).
- **Work-At-Home Schemes.** Not all work at home opportunities deliver on their promises. Many ads omit the fact that you may have to work many hours without pay. Or they don't disclose all the costs you will have to pay. Countless work at home schemes require you to spend your own money to place newspaper ads; make photocopies; or buy the envelopes, paper, stamps, and other supplies or equipment you need to do the job. The companies sponsoring the ads also.....

Read more at

<http://www.ftc.gov/bcp/edu/pubs/consumer/tech/tec02.shtm>



When it comes to funny – nobody beats the Afroninja

[http://www.lancientwon.com/media/Martial\\_Arts\\_Videos/the\\_incredible\\_afroninja.html](http://www.lancientwon.com/media/Martial_Arts_Videos/the_incredible_afroninja.html)  
LINK

Daniel Tosh gives the Afro-Ninja some needed redemption on June 4th.

On Comedy Central "Tosh.0" Web Redemption: Afro-Ninja Will the Afro-Ninja make the most of a second chance to land the back flip he botched so completely, so long ago?

[http://www.monstersandcritics.com/emailscreen/news/article\\_1480802.php/Daniel\\_Tosh\\_redeems\\_Afro-Ninja\\_Thursday\\_June\\_4#ixzz2HnZYKd8C](http://www.monstersandcritics.com/emailscreen/news/article_1480802.php/Daniel_Tosh_redeems_Afro-Ninja_Thursday_June_4#ixzz2HnZYKd8C)

Your favorite YouTube video can now be your favorite MOVIE! "Afro Ninja: Destiny" Coming soon!

[http://www.lancientwon.com/media/noway\\_theatre/1UNE\\_09/Afro\\_Ninja\\_Destiny.html](http://www.lancientwon.com/media/noway_theatre/1UNE_09/Afro_Ninja_Destiny.html)



## Albany power struggle leaves mixed martial arts bill in the lurch

BY Mitch Abramson



Sunday, July 5th 2009, 10:50 AM

If mixed martial arts were legal in [New York State](#), [Senator Joe Griffo](#), a Republican from [Rome](#), might perform a choke hold on his Democratic adversaries and ask them to scream "Uncle!"

But MMA is still banned in the state, and Griffo and his peers can do little but gavel in and gavel out of session in [Albany](#) during this period of extreme inactivity.

A leadership coup that is now in its fourth week has frozen all business in the capital, stopping lawmakers from passing legislation, including a bill that would have legitimized mixed martial arts in New York.

A sport that most people thought would be legal before 2010 remains frustratingly out of reach, and local athletes are forced to either fight in the 40 other states where the sport is legal or ply their trade on underground shows that are unregulated in New York.

One such show in [Brooklyn](#) took place last weekend and two more in [Long Island](#) are set to go in the next 30 days.

After sailing through the state assembly's committee on Tourism, Arts and Sports Development on June 3 after dying in the same committee last year, most people thought the bill was in good hands.

But because of the power struggle in Albany, the bill is likely to be shelved until January when the next legislative session begins, local officials say.

It's a maddening thought for fans, officials and fighters alike who are behind the sport.

"It's terrible," said [Massapequa's Matt Serra](#), a former UFC welterweight champion who is perhaps the face of mixed martial arts in New York. "I want to fight in New York before I retire. I'm 35. Let's get it legalized....."

Read more at:

[http://www.nydailynews.com/sports/more\\_sports/2009/07/05/2009-07-05\\_mma.html](http://www.nydailynews.com/sports/more_sports/2009/07/05/2009-07-05_mma.html)



## Top 50 milestones, Part IV: First title fights and an MMA marathon

As we count down to UFC 100, here's the next installment of our look at 50 fights that shaped modern mixed martial arts. Part IV takes us through some of the first title fights in the Ultimate Fighting Championship and the longest fight in MMA history.

### 16. Randy Couture def. Vitor Belfort, Oct. 17, 1997 — UFC 15

Here's why people have a hard time betting against Randy Couture when he's a decided underdog on paper: He has a history of winning those fights, starting with this one.

Belfort had ripped through his four opponents in UFC, including David "Tank" Abbott. Couture had won the UFC 13 tournament, but the accomplished Greco-Roman wrestler — he was only doing MMA to make money while he chased his Olympic dream — didn't seem to be in the same class as the Brazilian labeled "The Phneom."

Their clash at UFC 15 followed the pattern that characterized Couture's fights for the rest of his career, as he used his Greco-Roman mastery to control a younger foe and chip away at him. Couture mauled Belfort standing in the clinch until the young Brazilian simply crumpled to the canvas and quit at the 8:17 mark.

Couture developed a reputation for winning fights he wasn't supposed to win and started down a road that would be paved with championship bouts.

### 17. Frank Shamrock def. Kevin Jackson, Dec. 21, 1997 — Ultimate Japan

The lineage of Lyoto Machida's title belt started here. As it started to develop distinct weight classes, UFC lured Frank Shamrock away from Japanese promotion Pancrase. Shamrock made.....

Read the rest at:

<http://content.usatoday.com/communities/mma/post/2009/07/68493516/1>

**... COUNTDOWN TO 100:**  
UFC rises from obscurity to become a  
smash hit By ADAM HILL  
LAS VEGAS REVIEW-JOURNAL

**Dana White has told the story  
many times.**

**It was one of his first news  
conferences as president of the  
Ultimate Fighting Championship,  
and only three members of the  
media had gathered in New York  
to hear White and two fighters,  
Tito Ortiz and Evan Tanner, hype  
the organization's forthcoming  
card in Atlantic City.**

**Two reporters were Hispanic and  
one was from a fledgling mixed  
martial arts Web site. "The guy  
from the Web site asked a  
question and it was answered,"  
White said. "Then one of the other  
reporters asked Tito a question in  
Spanish and Tito says, 'I don't  
speak Spanish.' The two Hispanic  
reporters got up and left. You talk  
about humble beginnings."  
Things certainly have.....**

**READ THE REST AT:**

<http://www.lvri.com/news/49971937.html>

**LINK**

**Video From SPL**



**Donnie Yen vs Jing Wu**

[http://www.1ancientwon.com/media/news\\_theatre/The\\_38/SPL\\_Donnie\\_Yen\\_vs\\_Jing\\_Wu.html](http://www.1ancientwon.com/media/news_theatre/The_38/SPL_Donnie_Yen_vs_Jing_Wu.html)

**LINK**

**Kevin Thompson vs  
Jessie Wray**



[http://www.1ancientwon.com/media/news\\_theatre/July\\_09/Kevin\\_Thompson\\_vs\\_Jessie\\_Wray.html](http://www.1ancientwon.com/media/news_theatre/July_09/Kevin_Thompson_vs_Jessie_Wray.html)

**LINK**



**Retired actress returns  
to martial arts film  
Brigitte Lin**

Actress Brigitte Lin, who retired in 1994 after playing many impressive roles, is set to make a comeback in a new biopic about martial-arts master Yip Man.

Lin has signed on to star in director Wong Kar-Wai's "The Great Master", Chinese media cited Yip Man's son, Yip Chun, as saying.

"The Great Master" is another film about Yip Man (1893-1972), the creator of the Wing Chun style of martial arts and mentor to Bruce Lee. A previous biopic on the martial-arts master, "Ip Man", won the Best Film award at this year's Hong Kong Film Awards.

Known to audiences for her transgender roles in martial-arts movies, Brigitte Lin is likely to play a female kung-fu master this time, although her exact role is yet to be confirmed.

Born in Taiwan in 1954, Lin had been a frequent face in Hong Kong films. She had starred in more than 100 movies over 21 years.

In 1994, Lin married businessman Michael Ying and announced her retirement soon after.

Lin's best-known characters include Dong Fang Bu Bai in Stanley Tong and Siu-Tung Ching's

**Read the rest of the story at**

[http://www.china.org.cn/culture/2009-05/20/content\\_17803631.htm](http://www.china.org.cn/culture/2009-05/20/content_17803631.htm)



**Ladies – Checkout the  
Keepin You Sexy  
Body Garment**

**See how you can drop 3 sizes in  
10 minutes.**

<http://www.1ancientwon.com/KeepinYouSexyfiver.pdf>

**LINK**



## Seminars and Tournaments

Karate Tournament Central at  
[www.karatetournaments.com](http://www.karatetournaments.com)

Princeton Academy of Martial Arts Seminars at  
<http://www.pamausa.com/Pages/seminar.shtml>

Martial Arts Seminar Listing Pages at  
<http://www.guild-hall.com/seminars/view.php>

SYSTEMA IMMERSION CAMP 2008 AT  
<http://www.russianmartialart.com/main.php?page=week>

Home of the World's Largest Grappling Tournaments at  
[http://www.nagafighter.com/naga\\_home.asp](http://www.nagafighter.com/naga_home.asp)

The International Fighting Championships <http://www.ifclive.com>

Karriem AbdAllah Productions <http://www.kapmma.com/>

Self-Defence Forum Ultimate Protection Seminar  
Information provided by [iainabernathy.com](http://iainabernathy.com)  
[www.completeselfprotection.com/sdf-ultimate-seminar.html](http://www.completeselfprotection.com/sdf-ultimate-seminar.html)

Filipino Martial Arts Seminars  
<http://www.fmadigest.com/Database/seminars.html>

The Rek suit Regionals at <http://www.reksuits.com/web/>

UPCOMING EVENTS AT [www.YAMM.COM](http://www.YAMM.COM)

Steve Stewart's Modern Martial Arts at  
[www.smma.com](http://www.smma.com)

Upcoming MMA.tv Gold Events at [www.mma.tv](http://www.mma.tv)

FOCKE / NCL Calendar of events  
[http://battleofthearts.com/fpcke\\_calendar%20update\\_09.pdf](http://battleofthearts.com/fpcke_calendar%20update_09.pdf)

Kick USA Florida Karate Tournaments – Calendar of events  
<http://www.kickusa.com/pdf/KICK%202009%20Calendar.doc>

Midwest Martial Arts Association Southern Conference -  
Tournament Calendar for 2009 Season  
<http://mmasc.net/2009calendar.html>

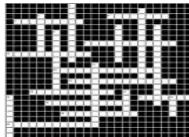
Shihan Adnan Tarsha's Teams in the Local, Area and  
International Karate Championships and Tournaments  
<http://www.adnantarsha.com/Tournaments2.htm>

### Martial Arts Crosswords

Boxing, Wrestling, and Martial Arts at  
<http://www.funtrivia.com/crossword/play.cfm?gid=993>

Martial Arts Crossword at  
<http://www.afunzone.com/x/MartialArts.html>

Here's another at <http://www.shuyokan.com/members/cw1.html>



Martial Arts Crossword Puzzle in this PDF  
<http://www.pthomasmartialarts.com/December05.pdf>

UFC Crossword  
<http://www.shazbot.com/nhb/games/crossword.html>

This one's not free, but if you love martial art and Sudoku  
<http://www.flipkart.com/martial-arts-sudoku-level-frank/1402737548-wnx3f3kywb>

Kanji Sudoku – learning Japanese while solving  
Sudoku Puzzles – <http://www.kanji-sudoku.com/>

Japanese Martial Arts Crosswords  
<http://www.teachnology.com/worksheets/country/japan/cross/>



Check out IAVA, America's first and largest  
Iraq and Afghanistan veterans organization.  
You can find stories, videos, and pictures  
straight from Iraq and Afghanistan, along  
with news about the latest issues facing  
the Troops, and hard-hitting commentary  
from war veterans. Click on the link below  
to go to IAVA's website and get the "ground  
truth" about the war from the people who  
were there.

<http://www.iava.org>



Grandmasters  
Karriem AbdAllah vs. Jeff Smith

We've got a clip from the historic fight  
on the under card of the

Thrilla in Manila

<http://www.1anc.com.au/media/news/shorts/grandmaster-karriem-abdallah-vs-grandmaster-jeff-smith-1975.html>

LINK



## Sensei Iain Abernethy's Upcoming Seminars

Below you can find details of the open seminars taking place over the next few months or so. If you'd like me to visit your dojo please don't hesitate to drop me a line via [iain@iainabernethy.com](mailto:iain@iainabernethy.com) for details and assistance in organizing a seminar. [www.iainabernethy.com/news\\_page.asp#Seminars](http://www.iainabernethy.com/news_page.asp#Seminars)

### July 5th 2009 - Swindon, Wiltshire

This seminar will run from 1:00pm to 5:00pm and will be held at the Walcot Dome Community Centre, Burghley Close, Walcot, Swindon, SN3 3BS. For further details and to book your place, please contact Andi Kidd at [Andi.Kidd@stfc.ac.uk](mailto:Andi.Kidd@stfc.ac.uk). You can also call Andi Kidd on 07818417181. The cost of the seminar is £20 (full amount or a £10 deposit secures your place). Cheques should be made payable to "Andi Kidd" and sent to Andi Kidd, 15 Dulverton Ave, Park North, Swindon, SN3 2NT. Places are limited so please be sure to contact Andi as soon as possible.

### July 18th 2009 - Romford, Essex

On Saturday the 18th of July I'll be teaching in Romford, Essex from 11am to 3pm. The seminar will be held in Pyrgo Priory Primary School, Settle Road, Harold Hill, Romford, Essex, RM3 9RT. The cost of the seminar is £25 per person and payment needs to be received before the end of June (places are limited so please book as soon as you are able: the course will probably be full long before the end of June deadline). Cheques and postal orders - payable to "Rachel Cooper" - should be sent to Scott & Rachel Cooper, 7 Sedgefield Crescent, Harold Hill, Romford, RM3 9RR. You can also pay via PayPal if you wish ([doodle\\_bug\\_73@hotmail.co.uk](mailto:doodle_bug_73@hotmail.co.uk)). Scot Cooper can be contacted on 07858 868 262 or [doodle\\_bug\\_73@hotmail.co.uk](mailto:doodle_bug_73@hotmail.co.uk)

### 27th September 2009 - Bristol

On Sunday the 27th of September I'll once again be teaching a seminar on applied karate / kata bunkai at the Bristol Dojo ([www.bristoldojo.com](http://www.bristoldojo.com))! This seminar will run from 11am to 3pm and the address is Bristol Dojo, Upper Floor, Middle Unit, 74-78 Avon Street, Bristol, BS2 0PX. The cost is £25 per person and this must be paid at least two weeks before the date of the seminar. Cheques should be made payable to "Bristol Dojo" and sent to Simon O'Brien, 14 Marjoram Way, Village Quarter, Portishead, Bristol, BS20 7JF. Simon can also be contacted via [simon@imperialkarate.com](mailto:simon@imperialkarate.com) or 07808822578

### 3rd October 2009 - Thornaby, Stockton On Tees, Cleveland

This seminar will take place from 12:00pm to 5:00pm and will be held in the Harewood Space Sports and Arts, Robert Atkinson Centre, Thorntree Road, Thornaby, Stockton On Tees, Cleveland, TS17 8AP. The cost of the seminar is £20 (full amount or a £10 deposit secures your place). Cheques should be made payable to "Taisho-Do Karate" and sent to Mark Raistrick, 7 Clarendon Road, Thornaby, Stockton-on-Tees, Cleveland, TS17 8JQ. Mark can also be contacted on 07508015614 or [Taishodo@aol.com](mailto:Taishodo@aol.com) for further details

[www.iainabernethy.com/news\\_page.asp#Seminars](http://www.iainabernethy.com/news_page.asp#Seminars)

Details of Iain Abernethy's upcoming seminars can be found on the News Page of [www.iainabernethy.com](http://www.iainabernethy.com). To organise a seminar for your club, write to [seminars@iainabernethy.com](mailto:seminars@iainabernethy.com) or call 01900829406.



Wal-Mart Greeter

A very loud, unattractive, mean-acting woman walked into Wal-Mart with her two kids, yelling obscenities at them all the way through the entrance.

The Wal-Mart Greeter said pleasantly 'Good morning, and welcome to Wal-Mart. Nice children you have there. Are they twins?'

The ugly woman stopped yelling long enough to say, 'Hell no they ain't. The oldest one's 9 and the other one's 7. Why the hell would you think they're twins? Are you blind, or just stupid?'

'I'm neither blind nor stupid, Ma'am,' replied the greeter. 'I just couldn't believe you got laid twice. Have a good day and thank you for shopping at Wal-Mart.'



Fat Boy boogies to  
Beyoncé's single ladies

[http://www.1ancientwon.com/media/fat\\_boy\\_dance\\_the\\_sequel.html](http://www.1ancientwon.com/media/fat_boy_dance_the_sequel.html)

LINK

**Get more...  
Internet Humor**

Just finished up the 2nd edition of  
Internet Humor. Pass it on if you love it.

[http://www.1ancientwon.com/Internet\\_humor/Internet\\_Humor\\_Home.html](http://www.1ancientwon.com/Internet_humor/Internet_Humor_Home.html)

LINK



# Martial Arts Poetry & Philosophy

Poetry: Martial Logic and The Arts at <http://bluesakebiog.wordpress.com/category/poetry/>

martial art poetry at <http://www.martialartstalk.net/forums/other/15565-martial-art-peotry.html>

Martial Art Philosophy at <http://www.alljijitsu.com/martialartphilosophy.html>

**Martial Arts Skepticism: A Manifesto By Jamie Clubb at**  
<http://www.badmartialarts.com/philosophy/MASkeptic.php>

**Martial Arts Skepticism: Philosophy and Ancient Wisdom By Jamie Clubb at**  
<http://www.badmartialarts.com/philosophy/MASkepticism.php>

**The Great Learning By Confucius 500 B.C. at**  
<http://www.politicalgateway.com/documents/religions/confuctahsueheng.html>

**ZEN AND THE ART OF MANAGEMENT at** <http://www.11fepositive.com/ind/work/corporate-management/zen-management.asp>

Tons of free e-books - read online - download - more at <http://www.globusz.com/>

Weakness Or Strength at <http://www.cycnet.com/englishcorner/digest/weak.htm>

Philosophy by Craig Hyatt at <http://www.geocities.com/craighyatt/philosophy.html>

Advice from Me to Myself at <http://sealevel.ns.ca/patruel/>

**Allspirit Spiritual Quotations at** <http://www.allspirit.co.uk/quotations.html>

Buddhism - Zen Quotations at [http://www.geocities.com/athens/parthenon/6670/doc/t\\_koan.html](http://www.geocities.com/athens/parthenon/6670/doc/t_koan.html)

**BUDDHIST POEMS at** <http://home.att.net/~goodgaypoems/intro/buddhistpoems.htm>

More Zen Poetry at <http://webpace.ship.edu/cgboer/zenpoetry.html>

Daily Zen at <http://www.dailyzen.com/>

**Dragon with Flowing Hands at** [http://www.lancientwon.com/cyber\\_tiger\\_web\\_dojo/dragon\\_with\\_flowing\\_hands.html](http://www.lancientwon.com/cyber_tiger_web_dojo/dragon_with_flowing_hands.html)

The Mixed Martial Artist at [http://www.lancientwon.com/cyber\\_tiger\\_web\\_dojo/the\\_mixed\\_martial\\_artist.html](http://www.lancientwon.com/cyber_tiger_web_dojo/the_mixed_martial_artist.html)

The Assassin in the Dark at [http://www.lancientwon.com/cyber\\_tiger\\_web\\_dojo/the\\_assassin\\_in\\_the\\_dark.html](http://www.lancientwon.com/cyber_tiger_web_dojo/the_assassin_in_the_dark.html)

\$9.99 Katana at [http://www.lancientwon.com/cyber\\_tiger\\_web\\_dojo/999\\_katana.html](http://www.lancientwon.com/cyber_tiger_web_dojo/999_katana.html)

Tons of Zen Poetry on this site - <http://www.gardendigest.com/zen/index.htm>

**Warrior Spirit Risen from Ashes by Kinjiro Tsukasa at**  
<http://www.geocities.com/franclare2003/warrior.html>

Lace by Kinjiro Tsukasa at <http://www.geocities.com/franclare2003/Lace.htm>

Tae Kwon Do philosophy of Great Grand Master Jhoon Rhee at  
<http://www.jhoonrhee.com/philosophy.html>



No Way Net Magazine

Two traveling monks reached a river  
where they met a young woman.

Wary of the current,  
she asked if they could carry her  
across. One of the monks hesitated,  
but the other quickly picked her up  
onto his shoulders, transported her  
across the water, and put her down on  
the other bank. She thanked him and  
departed.

As the monks continued on their way,  
the one was brooding and preoccupied.  
Unable to hold his silence, he spoke  
out. "Brother, our spiritual training  
teaches us to avoid any contact with  
women, but you picked that one up on  
your shoulders and carried her!"

"Brother," the second monk replied,  
"I set her down on the other side,  
while you are still carrying her."

**Read more Poetry**

[http://www.geocities.com/athens/parthenon/6670/doc/t\\_koan.html](http://www.geocities.com/athens/parthenon/6670/doc/t_koan.html)

**Link**

You can get back issues of  
the magazine at:



[www.nowaynetmagazine.com](http://www.nowaynetmagazine.com)



**The Dim Mock Fraud Man**

[http://www.lancientwon.com/media/Martial\\_Arts\\_Videos/dimma%20fraud\\_man.html](http://www.lancientwon.com/media/Martial_Arts_Videos/dimma%20fraud_man.html)

**LINK**

Click the link to see this video



[nowaymagstaff@1ancientwon.com](mailto:nowaymagstaff@1ancientwon.com)

# Free Martial Arts E-Books

## and newsletters

*The Martial Arts E-books in this section are either free, or you can download part of an e-book and decide if you'd like to purchase the whole thing later.*

Jissen Magazine- "Jissen" is Japanese for "actual combat" or "real fighting". It's also the name of a FREE online magazine dedicated to serving all martial artists that approach the traditional martial arts from their original combative perspective. Get it at [http://www.ianabernethy.com/Jissen\\_Magazine.asp](http://www.ianabernethy.com/Jissen_Magazine.asp)

### E-books from Sensei Iain Abernethy

Get Sensei Abernethy's Newsletter in PDF at [www.ianabernethy.com/news\\_page.asp](http://www.ianabernethy.com/news_page.asp)

### The Martial Minute Newsletter

Martial Minute is a monthly e-newsletter - prepared by leading Bunkai exponent Kris Wilder - that is "Fast news for today's martial artist." It includes tips to improve your training, books and other recommendations, with a little humour thrown in here and there. Check out the sample issue and see if it looks like something you'd like to receive in your email inbox every month. *Information provided by iainabernethy.com*

#### Subscription Link:

[www.westseattlekarate.com/resources/newsletter.html](http://www.westseattlekarate.com/resources/newsletter.html)

### The Society of Applied Traditional Martial Arts

[http://www.ianabernethy.com/Society\\_of\\_Applied\\_Traditional\\_Martial\\_Arts.asp](http://www.ianabernethy.com/Society_of_Applied_Traditional_Martial_Arts.asp)

### Free Practical TKD Newsletters

*Information provided by iainabernethy.com*

<http://www.practical-martial-arts.co.uk/cgi-bin/maillinglistmail.cgi?list=tdnews/>

### Close Quarters Combat Newsletter

<http://www.cqctactics.com/>

### JOE LEWIS' FREEFIGHTING SYSTEM

<http://www.kenpousa.com/lewis.htm>

### Martial Arts Professional Magazine

<http://www.martialartsprofessional.com/>

### Matthew Sylvester's Practical Taekwondo Newsletter

A message from Matthew: *Hi All,*

*Just to say that we're now up to issue 5 of the Practical Taekwondo newsletter.*

*If you're interested in practical martial arts, and want to see how patterns can be applied on the street, or examined in the dojo then this is the newsletter for you. Future subjects will also cover OODA Loop drills, Scenario-based drills for civilians and front line personnel such as Door Supervisors and a number of other topics that will seek to aid and inform.*

To subscribe, simply email [newslettersubs@practical-martial-arts.co.uk](mailto:newslettersubs@practical-martial-arts.co.uk), it's FREE and I guarantee that you will learn something.

Alternatively, you can download them at <http://www.matthewsylvester.com/pdf.html>  
*Information provided by iainabernethy.com*

### Kirk Lawson's FREE western martial arts

Boxing and How to Train - Wrestling - Scientific Boxing Together with Hints on Training and the Official Rules - Wrestling and How to Train - The Art of Boxing and Manual of Training - Scientific Wrestling - American Jiu Jitsu - The Art of Gatka-Fighting - Military Saber Training Manual - The Complete Science of Wrestling - Boy Scouts Master at Arms Badge Physical Culture and Self Defense - The Walking Stick Method of Self Defence An Abridgment of the New Broad Sword Exercise - The Hand-book to Boxing - Boxing and Wrestling

*Information provided by iainabernethy.com*

### Martial Arts Festival UK (FREE Iain Abernethy workshop)

*Information provided by iainabernethy.com*

<http://www.maf-uk.co.uk/Workshops.html>

## More MA E-books at these links

[http://www.1ancientwon.com/entertainment\\_ebooks/1Awon\\_ebooks.html](http://www.1ancientwon.com/entertainment_ebooks/1Awon_ebooks.html)

[http://www.kerwinbenenson.com/free\\_ebooks.html](http://www.kerwinbenenson.com/free_ebooks.html)

<http://www.usmta.com/MTI-E-BOOK-NEW-FRAME.htm>

<http://www.fictionwise.com/eBooks/freeBooks.htm?cache>

<http://www.kungfulibrary.com/e-book-store.htm>

<http://home.earthlink.net/~jeettek/page7.html>

<http://karate.snowcron.com/karate.htm>

<http://taichi.snowcron.com/index.html>

<http://www.awcaonline.com/edia/ebooks/htcmaeb.html>

<http://ashidakim.com/stb.html>

[www.johnsebooks.com](http://www.johnsebooks.com)

<http://allfreedownloadlinks.com/free-ebooks-downloads/free-martial-arts-ebooks/free-ebooks-2888/>



If you missed the insane Roy Jones Jr. video  
Here's your chance

[http://www.1ancientwon.com/media/norway\\_theatre/May\\_09/Roy\\_Jones\\_jr\\_Highlights.html](http://www.1ancientwon.com/media/norway_theatre/May_09/Roy_Jones_jr_Highlights.html)

LINK





**Troy Dorsey, the One and Only**  
**DR. Ted Gambordella –**  
**Dallas Martial Arts Examiner**

<http://www.troydorsey.com/>

I just had the pleasure of watching Raymond McCallum, Tim Kirby and "Billy Jack" Jackson beat up some the best karate fighters in the South at the 45 annual US Karate Open Championships in Dallas last weekend, and it got me thinking about all the great full contact karate fighters from the 70's, 80's, and all the great new MMA fighters from the 90's and 2000's. Demetrius Havanus, Chuck Norris, Bill Wallace, Benny "the jet" Urquidez, Keith Vitalli, Roy Kirban, Joe Lewis all come to mind as some of the greatest full contact Karate World Champion fighters who ever lived. And now the great Royce Gracie, Anderson Silva, Chuck Lydell, Randy Colture, Matt Hughes, George St Pierre are some of the current and greatest MMA World Champions. I am sure the list could include dozens and dozens more of some the most famous and greatest Karate and MMA fighters of the last 30 years. They all have one thing in common; they all were or are World Champions, and all are truly great fighter. But one person whom I have not mentioned yet stands above them all. **He is the One and Only fighter ever to win a World Full Contact Championship and a World Boxing Championship. The great Troy Dorsey!**

Many of the young people reading this article don't even know who Troy Dorsey is, so please take the time to Google him and see his credentials. Here are a few of his accomplishments:

**Read the rest of the story:**

<http://www.examiner.com/x-2854-Dallas-Martial-Arts-Examiner~y2009m7d2-Troy-Dorsey-the-One-and-Only>

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<http://www.crystalscents.scent-team.com/index.php>

**LINK**

**Keith Vitali vs. Dave Deaton pt1**



[http://www.1ancientwon.com/media/noway theatre/July 09/Keith Vitali vs Dave Deaton pt1.html](http://www.1ancientwon.com/media/noway%20theatre/July%2009/Keith%20Vitali%20vs%20Dave%20Deaton%20pt1.html)

**LINKS**

**From the National Association of Professional Martial Artists**  
**Important - State Regulators "Zeroing" in on Martial Arts Schools**

New Jersey Senator PAUL A. SARLO - District 36 (Bergen, Essex and Passaic) has proposed a State regulatory bill that would INCLUDE stringent regulation of YOUR martial arts school! (If you Live in New Jersey)

On October 6th, legislation was introduced in the State Senate that would place unnecessary and burdensome licensing requirements on New Jersey personal trainers and group exercise instructors (which is written to SPECIFICALLY include EVERY martial arts school owner in the state). School Owners in New Jersey would face unrealistic and stifling measures that will put much undue financial strain on individual school owners, including State mandated and facilitated training. This bill is now in the Commerce Committee where legislators will discuss the financial impact of this regulation.

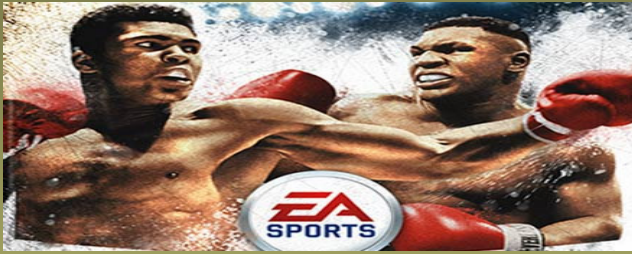
NAPMA has always lobbied for "self regulation" of our industry, and we have had a great track record of defeating such damaging regulation attempts.

**\*\*WE NEED YOUR HELP!!\*\***

If you live in New Jersey, Please click this link, <http://napma.com/LegislativeAlert/index.html> we've put together a system to make it easy for you to send your state representatives a message describing your concerns!

If you do NOT live in New Jersey, pay CLOSE attention to your state. If this bill passes in NJ, it could very well pave the way for more regulation and interference from other states.

## Fight Video Game, News, Reviews and Forums



### The Level Cap: Fight Night Round 4 Review

After the success of *Fight Night Round 3* another sequel seemed to be a given. The sequel taking this long was unforeseen, however. The main reason for the delay being that the EA Sports office that spawned Round 3 closed down. Well the game is here and so must come the review. Depending on how involved you want to get in the game, it has a "Fight Now" mode and a "Legacy" mode. However, the main new feature of this game is the ability to fight other players online.

*Fight Night Round 4*  
Playstation3/Xbox 360  
1-2 Players  
Developer: EA Sports  
Publisher: Electronic Arts Inc.  
ESRB Rating: T for Teen  
Price: \$59.99



#### Pros:

**Roster:** "Iron" Mike was obviously the biggest addition to this game, but there are other very notable boxers on this game. Besides Kid Dynamite, George Foreman and Lennox Lewis are very exciting additions to the heavyweight roster. Missing from the heavyweights is.....

Read the rest of this article at:

<http://nerdiest-kids.com/the-level-cap-fight-night-round-4/>



**Transformers  
video game Trailer**

<http://www.youtube.com/watch?v=v5p8IHhRQno>

**LINK**



No Way Net Magazine



### THE ELDER SCROLLS IV: OBLIVION REVIEW

<http://www.youtube.com/watch?v=-7f3PUhoVLc>  
**LINK**



### How To Beat Mike Tyson on G.O.A.T. Difficulty Achievement on Fight Night Round 4

<http://www.youtube.com/watch?v=dHaoIdCzbkl&feature=related>

### FIGHT NIGHT 4 INFORMATION

<http://fightnight.easports.com/home.action>

### About This Game

EA returns to the ring with this fourth entry in the boxing franchise. Featuring a re-written gameplay engine, *Fight Night Round 4* adds a variety of fighting styles and boxer differentiation to authentically emulate the greatest fighters of all time. Pressure your opponent with the brawling inside style of young Mike Tyson, bobbing and weaving to set up powerful hooks and uppercuts. Capitalize on Muhammad Ali's reach,.....

READ MORE AT:

<http://xbox360.ign.com/objects/142/14235163.ht>



# Martial Arts Radio and Podcasts

Now playing on [www.actionradio.net](http://www.actionradio.net)



2007 Sports Show of the Year

Also

## **Tony & Joey Zaino hosts "Sports Talk"**

Tuesday Nights 7:00 & 8:00 PM EST

## **Martial Arts Spotlight**

With host Danny & Theresa Zaino

Monday Nights 9:00 PM EST

## **Italian Family Cooking**

With the Zaino Family Wednesday Nights 7 PM EST

## **Fight Zone Show**

Fight Zone Magazine Media/TV

Gets up close and personal with your favorite  
MMM, Boxing & Kickboxing Interviews

## **-The Yudo Hour-**

## **The Richard Hackworth Show**

The #1 No B.S. Health, Wealth and Success Resource

<http://www.actionradio.net/RichardHackworthShow.htm>

## **-The Action Martial Arts Magazine Radio Show- Restaurant Talk**

With hosts Danny & Theresa

Special monthly interviews with restaurant &  
cooking experts

## **The Dominique Zaino Show**

Sunday Nights 7 PM & 8 PM EST

=====

Martial Arts Technique of the Week Podcasts  
From the Turtlepress

<http://www.turtlepress.com/public/podcast/podcast.xml>

## **Martial Arts Videos and Podcasts**

<http://www.fwicki.com/rss/Podcast-101/Martial-Arts-Videos-and-Podcasts>

Chinto / Gankaku Kata: Application & History

Podcast from iainabernathy.com

<http://blog.iainabernathy.com/?p=153>



Kung Fu Street Fight

[http://www.1ancientwinn.com/media/Martial\\_Arts\\_Videos/kung\\_fu\\_streetfight.html](http://www.1ancientwinn.com/media/Martial_Arts_Videos/kung_fu_streetfight.html)

LINK



A Tribute Video  
David Tank Abbott

[http://www.1ancientwinn.com/media/Martial\\_Arts\\_Videos/tank\\_abbott\\_tribute.html](http://www.1ancientwinn.com/media/Martial_Arts_Videos/tank_abbott_tribute.html)

LINK



Martial Arts Radio from Sherdog.com  
[http://www.sherdog.com/news/radio\\_main.asp](http://www.sherdog.com/news/radio_main.asp)

Martial Arts Radio

<http://www.martialartsradio.com/home.htm>

Martial Arts Teachers' Radio Podcasts

at <http://www.podcastdirectory.com/podcasts/9715>

Mixed Martial Arts Radio

<http://www.cagesidelive.net/>

Martial Arts Explorer Podcast

<http://martialarts.thepodcastnetwork.com/>

Shinobi Kai Ninjutsu Martial Arts Podcasts

<http://www.podcastdirectory.com/podcasts/38503>

Martial Arts Podcasts

<http://www.martialartspodcast.com/>

Podcast Fresh

<http://podcasts.cc/news/category/martial-arts-podcast/>

YMAA Podcast - Martial Arts and Health Podcast

<http://www.ymaa.com/netcasts>

You'll find a bunch of martial arts Podcasts at  
this site

<http://www.podfeed.net/tags/martial%20arts>

Inside Martial Arts Podcasts

<http://www.insidemartialarts.tv/home.php>

Applied Karate Podcasts

<http://karate.thepodcastnetwork.com/>

Green Living, Podcasting, and Martial Arts with  
Meredith Medland

<http://greenlivingideas.com/ecc-home-living/green-living-podcasting-and-martial-arts-with-meredith-medland.html>

Podcast Directory

<http://www.podcastdirectory.com/format/Martial%20Arts>

Ottawa Academy of Martial Arts Podcast

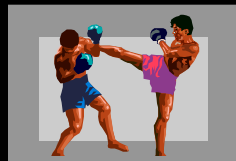
<http://www.feedage.com/feeds/306456/ottawa-academy-of-martial-arts-podcast>

MMA Podcast

[http://www.boxxet.com/Mixed\\_martial\\_arts/Section:podcasts/](http://www.boxxet.com/Mixed_martial_arts/Section:podcasts/)

Martial Art Masters of Texas Podcasts

[http://www.podcastalley.com/podcast\\_details.php?pod\\_id=54606](http://www.podcastalley.com/podcast_details.php?pod_id=54606)







## Elements of the kung fu movie – The Villain

by Marc Hicks -Kung Fu Movies Examiner

Let's get right down to it. No matter what genre, the villain is probably the most memorable character. From Heath Ledger's Joker, to Betty from "Kung Pow"... we all know it's the villain that we secretly root for. Admit it, when you realized Agent Smith was back in the second "Matrix," you breathed a sigh of relief.

When it comes to kung fu movies, the top would have to be Han from "Enter The Dragon." He had that smooth demeanor. Not to mention owned his own island. And when he had his men attack Bruce Lee and John Saxon at the end, he called them all by name; now that's an employer who cares. There had to be at least 200 men. But what really sets him above the rest, not only could he fight – he was a former monk turned evil; but he could change his fake hand.

But when it comes to names, Sho' Nuff The Shogun Of Harlem is tops on the bill. The brother walked around Harlem with a bad gherri curl, with ponytail. He had shoulder pads and wore Chuck Taylor Converses to every butt kicking. You have to be evil to whoop butt wearing canvas gym shoes. Not to mention he had that evil red glow. He's also the only kung fu villain to have his own cheering section and catch phrase... "Sho' Nuff."

The perfect villain for a great kung fu movie must have tons of attitude. Killer wardrobe. A blatant disregard for life and property. Be surrounded by a group of flunkies. It also helps if he was the star.....

Read the rest of the story:

<http://www.examiner.com/A-14592-Kung-Fu-Movies-Examiner-v2009m7d3-Elements-of-the-kung-fu-movie-the-villain>



**See the All Martial Arts Film Villain Team at**

[http://www.lancienitwon.com/no\\_way\\_net\\_magazine/The\\_all\\_martial\\_arts\\_film\\_villain\\_team.html](http://www.lancienitwon.com/no_way_net_magazine/The_all_martial_arts_film_villain_team.html)



## KARATE: Martial arts provided fresh focus for champ

ANENDRA SINGH

Roger Mahu has no qualms about confessing to his turbulent lifestyle as a youngster.

The 32-year-old tannery worker of Hastings will tell you he got up to all sorts of mischief in Huntly.

"I stole bikes, shoplifted and got into fights with other kids," Mahu told SportToday.

So his mother, Agnes Waka, did what any conscientious parent would do - looked for a diversion to instill discipline.

"Mum pushed me into martial arts," he said.

Read the rest of the story

<http://www.hawkebays.co.nz/stories/the-32-year-old-tannery-worker-who-got-up-to-all-sorts-of-mischief-in-huntly-199993/>

## Action Radio Network Debuts New Logo



Only July 4th 2009, The Action Radio Network debuted their new logo designed by graphic artist Claire Poulton on their website. Station Manager Kevin Rhodes said: "The new logo better represents our mission here at the Action Radio Network, to bring you the best in radio programming online, worldwide. You will find some new shows in our fall line up that will be welcomed additions to the schedule."

[www.actionradio.net](http://www.actionradio.net)



Ramon 'The Diamond' Dekkers  
Video Clips in  
**No Way Theatre**



[link](http://www.1ancientwon.com/media/nway-theatre/feb-09/ramon-the-diamond-theatre.html)

**Fedor vs Kevin Randleman**



[LINK](http://www.1ancientwon.com/media/nway-theatre/feb-09/ramon-the-diamond-theatre.html)

**Yusaki Kurata**



[LINK](http://www.1ancientwon.com/media/nway-theatre/Mar-09/yusaki_kurata.html)

**Steve Terada**  
And the Quest Crew Compilation



[LINK](http://www.1ancientwon.com/media/nway-theatre/Dec-09/Quest-Crew-Compilation.html)



**KUNG FU STAR DAVID CARRADINE'S FUNERAL  
AND THE CHARITY HE LEFT BEHIND**

Saturday evening was a time of reflection and remorse as the late David Carradine was laid to rest in a funeral ceremony that gathered hundreds of stars to mourn the passing of a beloved friend. David Carradine died on June 4th in a Bangkok hotel room.

The *Kung Fu* star was found bound and hanging which has led to the speculation about the circumstances of his death and whether sex play was involved. The FBI has been asked to assist in the investigations.

David Carradine has been known for his roles in *Kill Bill* and perhaps is best known for his role in *Kung Fu* as Kwai Chang Caine. He used his celebrity status to support causes that fought abuse, sought a cure for AIDS, advocated children's rights and fought against hunger and poverty.

Carradine was a huge supporter of the charity organization [Food 4 Africa](http://www.food4africa.org/), a charity that seeks to provide children with one vitamin and mineral enriched meal a day. Food 4 Africa works with multiple organizations to fight malnutrition and starvation.

A memorial notice has been placed on their website about the loss of David Carradine, whom they refer to as a faithful patron, and.....

**Read the rest of the story**

<http://www.examiner.com/x-11533-Celebrity-Charity-Examiner-y2009m6d14-Kung-Fu-star-David-Carradine-s-funeral-and-the-charity-he-left-behind>



**TURF WARS WEEKLY** is the official e-newsletter of the World Combat League. Click through for this week's edition -- including news on the season, information on upcoming WCL live events and a quick look at some recent news articles about the league, its teams and its fighters.

For all the latest news and info go to  
<http://www.worldcombatleague.com/>

Click here to see Plenty 4 Season Three  
[http://www.wcl.com/turf wars/vol2\\_issue1/plenty-4-three.html](http://www.wcl.com/turf wars/vol2_issue1/plenty-4-three.html)

Season 2 DVD's on sale  
[http://www.wcl.com/turf wars/vol2\\_issue2/issue2.html](http://www.wcl.com/turf wars/vol2_issue2/issue2.html)

No Way Net Magazine

# Martial Arts Video Clips

## THE JOE LEWIS // JOE LOUIS EDITION



### Joe Lewis- Karate

Joe Lewis Talks About NAPMA Sparring Science at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Lewis talks about NAPMA sparring science.html>

Bill Superfoot Wallace vs Joe Lewis part 1 of 3 at <http://www.lancientwon.com/media/noway theatre/July 09/Bill Superfoot Wallace vs Joe Lewis part 1 of 3.html>

Bill Superfoot Wallace vs Joe Lewis part 2 of 3 at <http://www.lancientwon.com/media/noway theatre/July 09/Bill Superfoot Wallace vs Joe Lewis part 2 of 3.html>

Bill Superfoot Wallace vs Joe Lewis part 3 of 3 at <http://www.lancientwon.com/media/noway theatre/July 09/Bill Superfoot Wallace vs Joe Lewis part 3 of 3.html>

joe lewis vs greg baines at <http://www.lancientwon.com/media/noway theatre/July 09/joe lewis vs greg baines.html>

J Lewis B. Wallace H. Jackson Wilson Walker Texas Ranger at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Lewis Bill Wallace H Jackson.html>

Joe Lewis on John Graden at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Lewis on John Graden.html>

Joe Lewis Seminar 1990 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Lewis Seminar 1990.html>

John Graden Martial Arts Bio at <http://www.lancientwon.com/media/noway theatre/July 09/John Graden Martial Arts Bio.html>

Joe Lewis vs Wally Slocki at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Lewis vs Wally Slocki.html>

Bill Superfoot Wallace at <http://www.lancientwon.com/media/noway theatre/July 09/Bill Superfoot Wallace.html>

Joe Lewis vs Ron Clay World Series of Martial Arts 1975 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Lewis vs Ron Clay World Series of Martial Arts 1975.html>

PKA First World Championships 1974 at <http://www.lancientwon.com/media/noway theatre/Oct 08/PKA First World Championships 1974.html>

Chuck Norris karate fight at <http://www.lancientwon.com/media/noway theatre/Oct 08/Chuck Norris vs Joe Lewis Karate fight.html>

### Joe Louis- Boxer

The Subtle Skills of Joe Louis at <http://www.lancientwon.com/media/noway theatre/July 09/The Subtle Skills of Joe Louis.html>

HBO Boxing: Joe Louis: The Anti-Jack Johnson (HBO) at <http://www.lancientwon.com/media/noway theatre/July 09/HBO Boxing Joe Louis The Anti Jack Johnson.html>

Joe Louis vs Max Schmeling I at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis vs Max Schmeling I.html>

James J. Braddock vs Joe Louis at <http://www.lancientwon.com/media/noway theatre/July 09/James J Braddock vs Joe Louis.html>

joe louis the brown bomber beware at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis the Brown Bomber Beware.html>

Joe Louis vs Abe Simon II at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis vs Abe Simon II.html>

Joe Louis Tony Two Ton Galento at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis vs Tony Two Ton Galento.html>

Joe Louis vs Max Bear at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis vs Max Bear.html>

Joe Louis Tribute Part 1 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis Tribute Part 1.html>

Joe Louis Tribute Part 2 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis Tribute Part 2.html>

Joe Louis: America's Hero... Betrayed at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis Americas Hero Betrayed.html>

Joe Louis vs. Billy Conn I - Ringside Remembers at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis vs Billy Conn I.html>

Joe Louis and Max Schmeling - a history (part 1 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis and Max Schmeling a history part 1.html>

Joe Louis and Max Schmeling - a history (part 2 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis and Max Schmeling a history part 2.html>

Joe Louis and Max Schmeling - a history (part 3 at <http://www.lancientwon.com/media/noway theatre/July 09/Joe Louis and Max Schmeling a history part 3.html>



## Picture Gallery

This section is for pictures we found on the net and liked. We've included the website name and tried to include the names of the people involved. Visit their sites for more information on them. If anything is found to be incorrect or needs changing let us know. Some of the images are drawing or paintings that are for sale; visit the site for artist info or to see how you can purchase them.

### MARTIAL ARTS PICS ON THE WEB

#### Joe Lewis

<http://www.budoland.de/index.php?id=46&galerie=7>

<http://www.physicalstrategies.com/category/uncategorized>

<http://www.academybjj.com/Adult%20Pics/JoeAndJoeLewis.jpg>

[http://www.chunjido.com/images/friendslegends/joe\\_lewis.jpg](http://www.chunjido.com/images/friendslegends/joe_lewis.jpg)

<http://fightingstreet.com/folders/variousinfofolder/ripofffolder/ripoffpage1.html>

<http://edit.81x.com/Authors/bluedolphin/Joe%20Lewis%20Wilmington%20North%20Carolina.jpg>

[http://www.ctaikido.com/article\\_archives.htm](http://www.ctaikido.com/article_archives.htm)

[http://members.tripod.com/c\\_martialarts/lewiswallace.jpg](http://members.tripod.com/c_martialarts/lewiswallace.jpg)

[https://dickwilletamericankenpokarate.com/Joe\\_Lewis\\_in\\_Arizona.html](https://dickwilletamericankenpokarate.com/Joe_Lewis_in_Arizona.html)

<http://www.dvd-hills.com/Joe-Lewis-How-to-Contol-the-Firing-Line-D-B0007UZN3M.htm>

[http://www.tracyskarate.com/Business/checkered\\_gi.htm](http://www.tracyskarate.com/Business/checkered_gi.htm)

<http://www.sidekickmma.com/images/joelew5.gif>

<http://www.lacancha.com/images/boblew.jpg>

<http://edit.81x.com/Authors/bluedolphin/Joe%20Lewis%20in%201986%20jpg.jpg>

<http://lyflines.blogspot.com/2006/08/i-trained-with-legend.html>

<http://www.rogergreene.com/PhotoGalleryPg18.asp>

<http://www.oriental-weaponry.co.uk/acatalog/Joe-Lewis-Fighting-Systems-dvds.html>

<http://www.goshindokempo.com/images/JoeLewisLogo.gif>

[http://1.bp.blogspot.com/\\_0eIjHf6RhGw/SGeaORa2V9I/AAAAAAAAA6U/KwJmKWg5SXM/s400/chuck+norris+vs+Joe+lewis.jpg](http://1.bp.blogspot.com/_0eIjHf6RhGw/SGeaORa2V9I/AAAAAAAAA6U/KwJmKWg5SXM/s400/chuck+norris+vs+Joe+lewis.jpg)

[http://www.kenukan.com/Home/Magazine\\_4.html](http://www.kenukan.com/Home/Magazine_4.html)

<http://karate-in-english-lewis-wallace.blogspot.com/2008/09/joe-lewis-2nd-part-full-contact-and.html>

<http://www.usagoju.com/Joe-&-Ed.jpg>

[http://www.usagoju.com/photo\\_gallery.htm](http://www.usagoju.com/photo_gallery.htm)

<http://www.kwoonofjeetkunedo.com/images/joe%20lewis.jpg>



**A Dynamic Symphony of Action**

### **A Friend of Nikki Sunshine's -** A novel by Java Bomani

One day... The biggest problem in Zinna Osani's privileged life was, trying out for her college's gymnastics team.

The next day... she's running for her life - the focal point of a modern day coup d' etat - a wicked business man hires a squad of mercenaries to finish her - she turns to a mafia hitman for help -

### **KICKING OFF A FRENETIC SYMPHONY OF ACTION**

[http://www.amazon.com/Friend-Nikki-Sunshine-Java-Bomani/dp/1412003070/ref=pe\\_1\\_4700\\_9075751\\_60417417?pf\\_rd\\_p=1197864998&pf\\_rd\\_r=4](http://www.amazon.com/Friend-Nikki-Sunshine-Java-Bomani/dp/1412003070/ref=pe_1_4700_9075751_60417417?pf_rd_p=1197864998&pf_rd_r=4)

LINK

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#### **Joe Louis**

<http://www.britannica.com/EChecked/tonic-art/34867565975/Joe-Louis-and-Max-Schmeling-at-a-photo-session-prior>

[http://newsimg.bbc.co.uk/media/images/41582000/jpg/\\_41582392\\_louis270.jpg](http://newsimg.bbc.co.uk/media/images/41582000/jpg/_41582392_louis270.jpg)

[http://latimesblogs.latimes.com/thedailymirror/images/2007/12/01/joe\\_louis\\_1939\\_0416\\_paul\\_williams.jpg](http://latimesblogs.latimes.com/thedailymirror/images/2007/12/01/joe_louis_1939_0416_paul_williams.jpg)

<http://www.powerlineblog.com/archives/lvs.jpg>

[http://laniquedesigns.net/Barry/barryb\\_joe\\_lewis.jpg](http://laniquedesigns.net/Barry/barryb_joe_lewis.jpg)

[http://3quarksdaily.blogs.com/3quarksdaily/images/joe\\_louis\\_max\\_schmeling\\_1936.jpg](http://3quarksdaily.blogs.com/3quarksdaily/images/joe_louis_max_schmeling_1936.jpg)

<http://www.hierographics.org/yourhistoryonline/JoeLouisPhoto.jpg>

<http://img153.imageshack.us/img153/3946/joelouisstamps2.jpg>

<http://www.cyberboxingzone.com/images/louis-joe-22.jpg>

<http://coxscorner.tripod.com/Images/louispost.jpg>

[http://latimesblogs.latimes.com/thedailymirror/images/2007/12/01/joe\\_louis\\_1939\\_dynamite\\_jackson\\_mau.jpg](http://latimesblogs.latimes.com/thedailymirror/images/2007/12/01/joe_louis_1939_dynamite_jackson_mau.jpg)

[http://coxscorner.tripod.com/louispics/louis\\_mschmeling2.jpg](http://coxscorner.tripod.com/louispics/louis_mschmeling2.jpg)

[http://blog.cleveland.com/ent\\_impact\\_tv/2008/02/louis.jpg](http://blog.cleveland.com/ent_impact_tv/2008/02/louis.jpg)

[http://www.wheretheoutrage.net/wordpress/wp-content/uploads/2007/08/joe\\_louis\\_barrow.jpg](http://www.wheretheoutrage.net/wordpress/wp-content/uploads/2007/08/joe_louis_barrow.jpg)

## More Photos

### David Carradine

<http://myrtlebeachwebdesign.com/david-carradine.jpg>  
<http://www.nndb.com/people/840/000022774/david-carradine-1.jpg>  
<http://imagesource.allposters.com/images/pic/MMPH/263985~David-Carradine-Posters.jpg>  
<http://www.davidcarradine.net/images/Carradine10.jpg>  
[http://images.allposters.com/images/77/039\\_69803.jpg](http://images.allposters.com/images/77/039_69803.jpg)  
<http://www.autographdealer.com/images/Carradine3.jpg>  
<http://img5.allocine.fr/acmedia/medias/nmedia/18/35/13/44/18364096.jpg>  
<http://www.cbc.ca/gfx/images/arts/photos/2009/06/04/david-carradine-cp-6816388.jpg>  
[http://newsimg.bbc.co.uk/media/images/45869000/jpg/\\_45869145\\_dad\\_appicgal.jpg](http://newsimg.bbc.co.uk/media/images/45869000/jpg/_45869145_dad_appicgal.jpg)  
[http://cache.boston.com/resize/bonzai-fba/Reuters\\_Photo/2009/06/04/1244127675\\_4965/539w.jpg](http://cache.boston.com/resize/bonzai-fba/Reuters_Photo/2009/06/04/1244127675_4965/539w.jpg)  
<http://media3.washingtonpost.com/wp-srv/photo/gallery/090604/GAL-09Jun04-2134/media/PHO-09Jun04-164413.jpg>  
<http://jameshannon.com/JamesCelebs/jph-DavidCarradine-20031101.jpg>  
[http://image.examiner.com/images/blog/wysiwyg/image/dc1\(3\).jpg](http://image.examiner.com/images/blog/wysiwyg/image/dc1(3).jpg)  
[http://blogs.commercialappeal.com/the\\_bloodshot\\_eye/guts,%20glory/davidcarradine.jpg](http://blogs.commercialappeal.com/the_bloodshot_eye/guts,%20glory/davidcarradine.jpg)  
<http://media.photobucket.com/image/david%20carradine/nelita23/TandDavidCarradine.jpg>  
[http://www.hyphenmagazine.com/blog/AskNinja\\_DavidCarradine.jpg](http://www.hyphenmagazine.com/blog/AskNinja_DavidCarradine.jpg)

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